



**RSPACE**

*Regional Palliative Approach to Care*

# EPAIRS 4 Questions to guide Goals of Care Conversations

1.

What is your understanding of your loved one's illness / situation?

Has anyone spoken with you about what to expect?

2.

What are your goals?

What are you hoping for?

What do you value?

3.

What are your greatest fears?

What are you worried about?

4.

If I asked your loved one about these questions, would they give me the same answers?

