

HARM REDUCTION AND SUBSTANCE USE RESOURCES

LAST UPDATED: OCT 2024

VCH GUIDELINES

shop.healthcarebc.ca/vch

HARM REDUCTION PRACTICE POLICY

DISPENSING/DISTRIBUTING TAKE HOME NALOXONE KITS

HARM REDUCTION & SUBSTANCE USE SAFETY PLANNING PREVENTION SAFETY PLANNING - ACUTE CARE - COMMUNITY/ UPCCS/

OVERDOSE RESPONSE/MANAGEMENT: - Acute care - Community/ UPCCS/ Residential care - Outreach - Site Security

EPISODIC OVERDOSE PREVENTION SERVICE

OVERDOSE PREVENTION/HARM REDUCTION SUPPLIES AND TOOLS

TOWARD THE HEART

<https://towardtheheart.com/>

- Naloxone training
- Harm reduction supplies
- Pamphlets/ signage

SAFER BATHROOMS

saferbathrooms.ca

- Checklist to assess safety
- Example protocol
- Design fact sheet

LIFEGUARD & BRAVE APPS

- <https://lifeguarddh.com>
- <https://www.thebraveapp.com>

TOXIC DRUG AND HEALTH ALERTS

- text the word JOIN to 253787 (ALERTS)

NATIONAL OVERDOSE RESPONSE SERVICE (NORS)

- <https://www.nors.ca/>
- 888-688-NORS (6677)

EDUCATION - LEARNING HUB

RESISTING STIGMA

- 40 min interactive online modules
- Video tour of Downtown Eastside services and people in the community

HARM REDUCTION

- 3hr self paced learning
- Introduction to Harm Reduction

NALOXONE ADMINISTRATION

- 45 min self paced online learning
- Recommended for renewal every 2 years

NALOXONE KIT DISTRIBUTION

- 2.5hr virtual training
- Specifically for distributing naloxone kits to clients and/or eligible members of the public

SUBSTANCE USE SIMULATIONS

- 2.5 hr virtual simulation sessions
- 4 interactive video simulation sessions (view links for descriptions)
 - [Walter's Day](#)
 - [No Wrong Turns](#)
 - [Together](#)
 - [Hidden Pain](#)

FOUNDATIONAL CONCEPTS OF WORKING WITH PEOPLE WHO USES SUBSTANCES AND THEIR CARE

- 3hr classroom course (in-person and virtual options)
- Recommended for all staff, is a great starting point for learning related to substance use care.
- Topics include: Stigma & engagement, Harm reduction principles, trauma informed care, inclusive language and more!

ONLINE STREET DEGREE

- ADVANCED OVERDOSE RESPONSE - MANAGING MEDICAL EMERGENCIES - FIRST RESPONDER COLLABORATION

- 3 online courses designed for peers and others working on the frontlines at overdose prevention/supervised consumption sites and/or in outreach.

ADDICTION CARE AND TREATMENT CERTIFICATE (ACTOC)

- 16 hr online certificate course for health professionals interested in learning more about providing care to patients and various substance use disorders such as:
 - Alcohol
 - Tobacco
 - Stimulants
 - Cannabis
 - Opioids

HARM REDUCTION SUBSTANCE USE & SAFETY PLANNING

- 2 hr virtual training
- Reviews the Overdose Prevention Safety Planning Standard Operating Procedure

HEART AND SOUL OF MENTAL HEALTH AND SUBSTANCE USE (MHSU)

- 2 day orientation to core concepts in MHSU
- Topics include: Trauma-Informed Practice, Family involvement, Harm Reduction, Recovery Model, Substance Use, Mental Health Act, Indigenous Cultural Safety.
- In-person or virtual, offered monthly

RESOURCES

FOUNDATIONAL & OTHER CLINICAL RESOURCES

[BCCDC LANGUAGE GUIDE 2020](#)

[HARM REDUCTION RESOURCE CENTRE](#)

[CATIE HARM REDUCTION FUNDAMENTALS:
A TOOLKIT FOR SERVICE PROVIDERS](#)

[BC CENTRE ON SUBSTANCE USE \(BCCSU\)
CLINICAL CARE GUIDELINES](#)

[BCCSU 24/7 ADDICTION MEDICINE CLINICIAN SUPPORT LINE](#)

OVERDOSE PREVENTION/HARM REDUCTION SERVICES

SUPERVISED CONSUMPTION/OVERDOSE PREVENTION SITES

- [Vancouver](#)
- [Outside Vancouver](#)
 - Powell River
 - Sechelt
 - Squamish

HARM REDUCTION KIOSKS

- [Robert and Lily Lee CHC](#)
- [Three Bridges CHC](#)

[PHS MOBILE NEEDLE EXCHANGE VAN](#)

- 604-657-6561
- NEEDLEVAN@PHS.CA

[DRUG CHECKING](#)

- [Getyourdrugstested.com](#)
 - 880 E Hastings
 - 12pm-8pm everyday
 - 245 W Broadway
 - 2pm-6pm Wed-Sun
- Test strips at Supervised Consumption/ Overdose Prevention Sites

SUBSTANCE USE SERVICES

[ACCESS CENTRAL](#) 1-866-658-1221

Screening and referral line for the following:

- Vancouver detox
- Harbourlight Detox
- Daytox outpatient day program
- START Team

[FIRST NATIONS VIRTUAL SUBSTANCE USE AND PSYCHIATRY SERVICE](#) 1-833-456-7655

For First Nations individuals and their families living in BC:

- Addiction medicine
- Psychiatry
- Care coordination

[RAPID ACCESS ADDICTION CLINIC](#) 604-806-8867

ST. PAUL'S HOSPITAL - 2ND FLOOR
Room 2C-210 Burrard Building

Short term stabilization clinic for clients seeking treatment for:

- Opioid Use Disorder
- Alcohol Use Disorder / alcoholism
- Benzodiazepine (benzo) dependency
- Nicotine addiction/reliance
- Stimulant addiction/reliance

[OVERDOSE OUTREACH TEAM](#) 604-360-2874

- Navigation to appropriate services
- support in accessing OAT
- Overdose prevention education

[DTES CONNECTIONS CLINIC](#) 604-675-3600

429 Alexander Street

Connections Clinic is a low-barrier, specialized addiction medicine clinic in Vancouver's Downtown Eastside. The clinic offers:

- Rapid access to treatment for opioid, alcohol, nicotine, GHB, cannabis, stimulant and benzodiazepine use disorders.
- It accepts referrals from VCH programs and other agencies, drop-in clients, and offers some outreach. Connections helps to facilitate referrals to other services including bed-based treatment.

[LIGHTHOUSE CLINIC: VIRTUAL SUBSTANCE USE SERVICE](#) 604-806-8223

- Access to substance use services
- Treatment options, including starting on medications
- Connections to other services