

Overdose Safety Planning

Step-by-Step

STEP
01

Ask for permission

"We're checking in with everyone about substance use because we're concerned about the toxic drug supply and helping people stay safe. Is it ok if you and I check in about this?"

STEP
02

Review risks and existing strengths

"Are you or anyone close to you concerned about your substance use?"
"Can I ask about where you have been using?"
"How have you been keeping safe?"
"Have you ever had an overdose?"
"Have you ever taken/ or are you currently on any medications for substance use?"

STEP
03

Offer information/support as needed

"Would you be interested in hearing about other ways to stay safe when using substances?"
"How can we support you right now?"

STEP
04

Thank the person & invite questions

"Thanks for taking the time to see me and being open. I know sometimes it can feel vulnerable or be a difficult topic."
"Please feel free to come back again if you have questions or want to talk more."

STEP
05

Document & follow up as needed

Refer to program requirements/program workflows.

Document Naloxone training/dispensing and any other pertinent information.

If using Profile EMR-OD Prevention Safety Planning typing template: opsp\

