

VCH Child & Youth Mental Health Service Listing

Vancouver

Alan Cashmore Centre - Infant and Childhood Mental Health Service

The Alan Cashmore Centre provides free treatment and support to families who have concerns about their child's ability to manage in two or more of the following areas of development, including emotional - managing feelings, including anxiety, anger, and sadness; social - getting along with other children; and behavioural - being aggressive, withdrawn, or not doing what is expected.

Address	Contact Number	Referral Process
#420-1669 East Broadway Vancouver, BC V5N 1V9	T: (604) 675-3996	Families must live in Vancouver, and can self-refer by calling (604) 675-3996 , extension 0. Intake is by appointment only. Services for children under the age of 5 years 11 months

Attention Deficit Hyperactivity Disorder (ADHD) Family Education Program

ADHD family education assists parents who have children diagnosed with Attention Deficit Hyperactivity Disorder (ADHD) to develop positive parenting practices and behavioural management strategies.

Address	Contact Number	Referral Process
2750 East Hastings Street Vancouver, BC V5K 1Z9 (based out of Northeast CYMH)	ADHD@vch.ca	Child or youth must have a primary diagnosis of ADHD, live in the city of Vancouver, and are between 5 and 19 years of age

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Child & Adolescent Response Team (CART) at West Broadway

The Child & Adolescent Response Team (CART) provides an urgent response (within 72 hours), and short-term mental health service to school-aged children and youth who are experiencing acute psychiatric or emotional crises.

Address	Contact Number	Referral Process
Suite 401, 1212 West Broadway Vancouver, BC V6H 3V1	T: (604) 874-2300 F: (604) 714-4831	Anyone who is concerned a child or youth who may be experiencing a mental health or emotional crisis or at possible risk of suicide can contact CART for more information or to make a referral. Contact CART at (604) 874-2300 .

Child & Youth Mental Health Team at Northeast

The Child & Youth Mental Health Team at Northeast serves children, youth and their families with serious mental health difficulties and/or social, emotional or behavioural disturbances. We are committed to early intervention in preventing or moderating serious disorders. However, participation is voluntary.

Address	Contact Number	Referral Process
2750 East Hastings Street Vancouver, BC V5K 1Z9	Intake: 604-675-3895 T: (604) 675-3896 F: (604) 675-3909	Can be made on a walk-in basis at 355 - 2750 East Hastings Street, Vancouver, BC Referral intake times: Mondays, 9 a.m. to 3:30 p.m.; Wednesdays, 12 p.m. to 6:30 p.m.

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Child & Youth Mental Health Team at Pacific Spirit Community Health Centre

The Child & Youth Mental Health Team at Pacific Spirit Community Health Centre serves children, youth and their families with serious mental health difficulties and/or social, emotional or behavioural disturbances. We also offer one-to-one counselling to youth presenting with moderate to severe substance use issues from ages 13 to 24.

Address	Contact Number	Referral Process
2110 West 43rd Avenue Vancouver, BC V6M 2E1	T: (604) 267-3970 F: (604) 267-2611	Can be made on a walk-in basis at 2110 West 43rd Avenue Vancouver, BC V6M 2E1 Referral intake times: Tuesdays, 12 p.m. to 6:30 p.m.; Thursdays, 9 a.m. to 5 p.m.

Child & Youth Mental Health Team at Raven Song Community Health Centre

The Child & Youth Mental Health Team at Raven Song Community Health Centre serves children, youth and their families with serious mental health difficulties and/or social, emotional or behavioural disturbances. We are committed to early intervention in preventing or moderating serious disorders. However, participation is voluntary.

Address	Contact Number	Referral Process
2450 Ontario Street, Suite 300 - 3rd floor Vancouver, BC V5T 4T7	T: (604) 872-8441 F: (604) 873-6071	Can be made on a walk-in basis at 2450 Ontario Street, Suite 300 - 3rd floor Vancouver, BC V5T 4T7 Referral intake times: Fridays, 9 a.m. to 3.30 p.m.

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Child & Youth Mental Health Team at Three Bridges Community Health Centre (West End)

The Child and Youth Mental Health Team at Three Bridges Community Health Centre (West End) serves children, youth and their families with serious mental health difficulties and/or social, emotional or behavioural disturbances. We are committed to early intervention in preventing or moderating serious disorders. However, participation is voluntary.

Address	Contact Number	Referral Process
1128 Hornby Street, Unit 101 Vancouver, BC V6Z 2L4	T: (604) 331-8908 F: (604) 331-8910	Can be made on a walk-in basis at 1128 Hornby Street, Unit 101 Vancouver, BC V6Z 2L4 Referral intake times: Thursdays, 9 a.m. to 3.30 p.m.

Child & Youth Cross Cultural Mental Health Program

Direct mental health services to youth and families in Mandarin and Cantonese. We also consult with other mental health professionals, community groups and schools who work with children who speak primarily Cantonese or Mandarin.

Address	Contact Number	Referral Process
2750 East Hastings Street Vancouver, BC V5K 1Z9	T: (604) 675-3896 F: (604) 675-3909	Referral forms are not required. Referrals can be made on a walk-in basis at: 2750 East Hastings Street Unit 355, Vancouver, BC V5K 1Z9 Referral times are Mondays and Tuesdays – 9 a.m. - 5 p.m.

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The Deaf, Hard of Hearing & Deaf-Blind Well-Being Program (WBP)

The Deaf, Hard of Hearing & Deaf-Blind Well-Being Program (WBP) provides mental health services for Deaf, Hard of Hearing, and Deaf-Blind people throughout British Columbia.

Address	Contact Number	Referral Process
<p>#300 – 4211 Kingsway Burnaby, BC V5H 1Z6</p>	<p>Voice: (778) 819-0951 Text: (778) 987-4174 TTY(Teletypewriter): (604) 456-0901 Toll-free TTY: 1 (800) 949-1155 Fax: (604) 456-0904</p> <p>Email: WellBeing.Staff@vch.ca</p>	<p>Children and youth can be referred to the WBP in several ways: Online child referral form</p> <p>Serves Deaf, Hard of Hearing and Deaf-Blind individuals of all ages</p> <p>Self-referral Parent/family referral Community agency (with consent from parents and child/youth) School or Teacher of the Deaf/Hard of Hearing (with consent from parents and child/youth)</p> <p>Adults can be referred to the WBP in several ways: Online adult referral form</p> <p>Self-referral Parent/family referral Community agency (with consent)</p>

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Downtown Eastside Youth Outreach Team

The Downtown Eastside Youth Outreach Team (YOT) located on 786 Powell Street. It is a multi-disciplinary team that provides outreach and temporary clinical and support services with the goal of engaging hard-to-reach youth, establishing rapport, trust and bridging youth to longer term services.

Address	Contact Number	Referral Process
786 Powell St. Vancouver, BC V6A 1H6	T: (604) 675-3550	Referrals will be going through the DTES Youth Outreach Team office by completing the DTES Youth outreach intake form and emailing it to the dtesyouthoutreach@vch.ca . You can contact via phone during office hours at (604) 675-3550.

Eating Disorders Program in Vancouver

The Eating Disorders Program provides outpatient support and access to treatments for youth and adults with anorexia nervosa, bulimia nervosa, and related eating disorders.

Address	Contact Number	Referral Process
2750 East Hastings Street Vancouver, BC V5K 1Z9	T: (604) 675-2531 F: (604) 675-3894	A referral by a primary care provider is required. Fax completed referral forms to (604) 675-3894. Vancouver Eating Disorders Program referral form

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Supporting and Connecting Youth Leadership & Resiliency Program

The Supporting and Connecting Youth Leadership and Resiliency Program (SACY LRP) is a youth leadership and engagement program serving late elementary and early secondary school youth in Vancouver. The program is open to youth attending the schools where the program operates, with priority given to youth who could benefit from increased connection to peers, adults, school and community.

Address	Contact Number	Referral Process
110-1669 East Broadway, Vancouver BC, Canada, V5N 1V9	T: (604) 816-7342	Referral through school counsellors at the following schools: Van Tech, Britannia, Kitsilano, Windermere, King George, Spectrum/West/Foundation

Supporting and Connecting Youth (SACY) Substance Use Prevention Initiative

Supporting and Connecting Youth (SACY) - Substance Use Health Promotion Initiative engages Vancouver parents, teachers, students, administrators and the greater community in a process to strengthen school-based alcohol and drug prevention and early-intervention programs and policies.

Address	Contact Number	Referral Process
110-1669 East Broadway, Vancouver BC, Canada, V5N 1V9	T: (604) 816-7342	Referral through school counsellors or by self-referral.

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The Foundation Program at Covenant House

The Foundation Program at Covenant House Vancouver is a live-in, harm-reduction and recovery program for youth (ages 16-24) residing in Vancouver.

Address	Contact Number	Referral Process
1280 Seymour St, Vancouver, BC V6B 3N9	Youth CAIT: T: (604) 209-3705 F: (604) 255-1101	Referrals are required and are completed by a community counselor or health-care professional in collaboration with the client. Once a referral is received, it is reviewed by the Central Addiction Intake Team (CAIT) Concurrent Disorder Counselors for completeness and to ensure clients are matched to the facility best suited to their needs. Access this program through the Central Addiction Intake Team (CAIT).

Youth Assertive Outreach Mental Health Team at Robert and Lily Lee CHC

The Youth Assertive Outreach Mental Health Outreach Team at Robert and Lily Lee Family Community Health Centre provides counselling support to youth who may be disconnected from family, friends, and community supports and often experience marginalization.

Address	Contact Number	Referral Process
1669 East Broadway, 3rd Floor Vancouver, BC V5N 1V9	T: (604) 688-0551	Referrals are often made by community partners who are from the youth's care team. If you are self-referring or you are a concerned parent/caregiver wanting to make a referral, your starting point for accessing mental health support is contacting Child & Youth Mental Health Intakes for children & youth 6 to 18 years of age.

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Youth Central Addiction Intake Team (CAIT)

Our free youth substance use services are designed to meet the needs of youth struggling with substance use. They include prevention, counselling, withdrawal management options, treatment options, as well as the services of an intensive case management team.

Address	Contact Number	Referral Process
358 - 1669 East Broadway, 3rd Floor, Vancouver, BC V5N 1V9	T: (604) 209-3705 F: (604) 255-1101	Please feel free to call with questions regarding services or to learn about options for youth struggling with substance use. Clients can self-refer. Download the CAIT referral package for Peak House, Young Bears Lodge and the VCH day treatment program. Youth CAIT referral package Email: cait.youth@vch.ca

Youth Day Treatment Program

The Youth Day Treatment Program is an outpatient substance use treatment program for youth aged 16 to 24 in the Vancouver Coastal Health (VCH) region looking to change their substance use.

Address	Contact Number	Referral Process
358 - 1669 East Broadway, 3rd Floor, Vancouver, BC V5N 1V9	Youth CAIT: T: (604) 209-3705 F: (604) 255-1101	Referrals are required and are completed by a community counsellor or health-care professional in collaboration with the client. Once a referral is received, it is reviewed by the Central Addiction Intake Team (CAIT) Concurrent Disorder Counselors for completeness and to ensure clients are matched to the facility best suited to their needs. Access this program through the Central Addiction Intake Team (CAIT).

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Youth Home Stabilization Program

The Youth Home Stabilization Team works with young people (ages 13 to 24) who are using substances and want to stop or significantly reduce the use of at least one substance.

Address	Contact Number	Referral Process
358 - 1669 East Broadway, 3rd Floor, Vancouver, BC V5N 1V9	Youth CAIT: T: (604) 209-3705 F: (604) 681-1894	Referrals are required and are completed by a community counselor or health-care professional in collaboration with the client. Once a referral is received, it is reviewed by the Central Addiction Intake Team (CAIT) Concurrent Disorder Counselors for completeness and to ensure clients are matched to the facility best suited to their needs. Access this program through the Central Addiction Intake Team (CAIT).

Youth Intensive Case Management Teams (YICMT)

The Youth Intensive Case Management Team (ICMT) is a multidisciplinary team that provides innovative, client-centered, and culturally sensitive services to youth with complex needs (i.e. substance use, homelessness, mental health challenges).

Address	Contact Number	Referral Process
Robert Lily Lee Family Center: 358-1669 E Broadway, Vancouver, BC, V5N 1V9	Youth CAIT: T: (604) 209-3705 F: (604) 681-1894	To make a referral to the YICMT please contact Youth CAIT (604) 209-3705 or email: cait.youth@vch.ca CAIT phone lines are OPEN DAILY: Saturday to Thursday: 10:00 am– 8:00 pm Fridays: 10:00 am– 5:00 pm

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Young Bears Lodge

Young Bears Lodge is a culturally-based, holistic healing lodge for Indigenous youth looking to change their relationship with drugs or alcohol.

Address	Contact Number	Referral Process
1618 E Hastings Street, Vancouver, BC, V5L 2S6	T: 604-254-7732 F: 604-322-7571 Email: Ybi.intake@unya.bc.ca	Referrals are required and are completed by a community counselor or health-care professional in collaboration with the client. Once a referral is received, it is reviewed by the Central Addiction Intake Team (CAIT) Concurrent Disorder Counselors for completeness and to ensure clients are matched to the facility best suited to their needs. Access this program through the Central Addiction Intake Team (CAIT).

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Richmond

Richmond Community Mental Health and Substance Use - Central Intake

VCH Richmond Mental Health and Substance Use has several programs and services to support children, youth, adults and older adults. Our Central Intake team is here to offer information and help connect you to the service that will best meet your needs.

Address	Contact Number	Referral Process
600- 8100 Granville Avenue Richmond, BC V6Y 1R4	Central Intake team at (604) 204-1111	Some services will require a referral from a physician, midwife or nurse practitioner. You can speak to our intake team for more details. Call our Central Intake team Call our intake team Monday to Friday, 9 a.m. to 4:15 p.m. or drop into the office Monday to Friday, 9:30 a.m. to 12 p.m., or 1 to 3:30 p.m.

Early Childhood Mental Health Services

Assessment and treatment for behavioural/emotional problems in infants and children aged 0 to 6. Services are made up of a multidisciplinary team composed of psychiatrists and allied health professionals, including psychologists, social workers, and counsellors.

Address	Contact Number	Referral Process
620 – 8100 Granville Avenue Richmond, BC V6Y 1R4	T: (604) 675-5800 ext. 42018 (604) 278-9711 ext. 384055 F: (604) 270-1418	This service requires a referral from a health professional or family doctor. The referral form must be completed by a midwife, physician or nurse practitioner. Please call (604) 204-1111 to connect with our teams that support children, youth, adults, and older adults in Richmond. Richmond Mental Health and Substance Use referral form

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Eating Disorders Program

This program offers community-based assessment and treatment for youth, adults and families with eating disorders. Treatment may include individual, group and/or family counselling, medical monitoring and nutritional support.

Address	Contact Number	Referral Process
600- 8100 Granville Avenue Richmond, BC V6Y 1R4	Central intake: (604) 204-1111 F: (604) 244-5487	A physician referral is required. Fax the completed referral to (604) 244-5487. Richmond community MHSU referral form

Integrated Child and Youth Team – Richmond

Community based assessment and treatment for children and youth ages 6 to 19, who are affected by moderate to severe mental health concerns. This program also helps to coordinate care and services with other community resources.

Address	Contact Number	Referral Process
Child: 620 – 8100 Granville Avenue Richmond, BC V6Y 1R4 Youth: #101-5811 Cooney Road Richmond, BC V6Y 1B5	Intake: (604) 204-1111 Program phone number: (604) 207-2511	Call (604) 204-1111 to connect with our teams that support children, youth, adults, and older adults in Richmond. Both professional referrals and self-referrals are accepted. Appointments with a psychiatrist require a referral from a health professional. Our Richmond MHSU referral form may be completed by a physician or a nurse practitioner.

Richmond Family Access Support Team (RFAST)

RFAST is an intensive outreach team for families where at least one member of the family is facing severe mental illness and/or substance use issues.

Address	Contact Number	Referral Process
600- 8100 Granville Avenue Richmond, BC V6Y 1R4	Central Intake team at (604) 204-1111	Please contact Richmond Community Mental Health and Substance Use - Central Intake for more information or to make a referral.

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Step Up/Step Down services – Richmond

Urgent response for children and youth who are at moderate to high risk of suicide. This service includes the Team Response to Adolescent & Children in Crisis (TRACC)

Address	Contact Number	Referral Process
6100 Bowling Green Road Richmond, BC V6Y 4G2	Intake: (604) 204-1111 Step Up/Step Down TRACC Richmond: (604) 207-2511 F: (604) 207-2524	Anyone who is concerned a child or youth who may be experiencing a mental health or emotional crisis or at possible risk of suicide can contact Step Up/Step Down for more information or to make a referral. Contact the team at (604) 207-2511 .

Youth & Young Adult Drop-in Clinic at Foundry- Richmond

We provide safe, non-judgmental care, information and resources, and work to reach young people earlier – before health challenges become problematic. Foundry brings health and social services together in a single place to make it easier for young people to find the care, connection and support they need.

Address	Contact Number	Referral Process
#101-5811 Cooney Road Richmond, BC V6Y 1B5	T: 604-674-0550 F: (604) 674-0556 Learn more at foundrybc.ca	We provide free, confidential information and education regarding sexuality and physical and mental health to young people ages 12 to 24.

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North Shore

Youth & Young Adult Drop-In Counselling at Foundry (12-24)

Youth and young adult drop-in mental health counselling is intended to promote support to those youth 12 to 24 who are experiencing complications in functioning that are understood as mild to moderate and non-urgent.

Address	Contact Number	Referral Process
211 West 1st Street North Vancouver, BC V7M 1C9	T: (604)984-5060 Website: Learn more at foundrybc.ca	In person or virtual options are available youth 12 to 24. Call (604)984-5060 for more information.

Eating Disorders Program at Foundry

The North Shore Youth Eating Disorders Program (NSY EDP) partners with pediatricians to offer medical monitoring in a clinical setting along with counselling and nutritional support to youth who are struggling with disordered eating/clinical eating disorders.

Address	Contact Number	Referral Process
211 West 1st Street North Vancouver, BC V7M 1C9	T: (604)984-5060 Website: Learn more at foundrybc.ca	The NSYEDP services clients between 12 to 19 years of age with Anorexia Nervosa, Bulimia Nervosa or Other Specified/ Unspecified Eating Disorder (formerly Eating Disorder Not Otherwise Specified). A referral by a primary care provider is required. Fax the completed referral form to Foundry at (604) 984-5061. North Shore Youth Eating Disorder Program referral form

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Youth Intensive Case Management Teams (YICMT) at Foundry North Shore

The Youth Intensive Case Management Team (ICMT) is a multidisciplinary team that provides innovative, client-centered, and culturally sensitive services to youth with complex needs (i.e. substance use, homelessness, mental health challenges).

Address	Contact Number	Referral Process
211 West 1st Street North Vancouver, BC V7M 1C9	T: (604)984-5060 Website: Learn more at foundrybc.ca	Youth aged 13 to 24 years old

Youth Peer Support at Foundry North Shore

Youth peer support provides support and navigation services to youth using a lived experience peer lens.

Address	Contact Number	Referral Process
211 West 1st Street North Vancouver, BC V7M 1C9	T: (604)984-5060 Website: Learn more at foundrybc.ca	Youth aged 12 to 24 years old Learn service information about Youth Peer Support at Foundry

Foundry Works

Foundry Works is a new supported employment and education program for youth who are interested in working, going to school, or completing a training program.

Address	Contact Number	Referral Process
211 West 1st Street North Vancouver, BC V7M 1C9	T: (604)984-5060 Website: Learn more at foundrybc.ca	Available to BC youth between the ages of 15-24 years old, who are not currently employed or enrolled in any other employment program. Please contact the centre or register using the link below. Register for Foundry Works

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Sea-to-Sky

Eating Disorders Program at Foundry

The North Shore Youth Eating Disorders Program (NSY EDP) partners with pediatricians to offer medical monitoring in a clinical setting along with counselling and nutritional support to youth who are struggling with disordered eating/clinical eating disorders.

Address	Contact Number	Referral Process
211 West 1st Street North Vancouver, BC V7M 1C9	T: (604)984-5060 Website: Learn more at foundrybc.ca	The NSYEDP services clients between 12 to 19 years of age with Anorexia Nervosa, Bulimia Nervosa or Other Specified/ Unspecified Eating Disorder (formerly Eating Disorder Not Otherwise Specified). A referral by a primary care provider is required. Fax the completed referral form to Foundry at (604) 984-5061. North Shore Youth Eating Disorder Program referral form

Youth & Young Adult Drop-In Counselling at Foundry (12-24)

Youth and young adult drop-in mental health counselling is intended to promote support to those youth 12 to 24 who are experiencing complications in functioning that are understood as mild to moderate and non-urgent.

Address	Contact Number	Referral Process
211 West 1st Street North Vancouver, BC V7M 1C9	T: (604)984-5060	Youth aged 12 to 24 Learn more information at Foundry North Shore.

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Youth Intensive Case Management Teams (YICMT)

The Youth Intensive Case Management Team (ICMT) is a multidisciplinary team that provides innovative, client-centered, and culturally sensitive services to youth with complex needs (i.e. substance use, homelessness, mental health challenges).

Address	Contact Number	Referral Process
211 West 1st Street North Vancouver, BC V7M 1C9	T: (604)984-5060 Email: foundrynorthshore@vch.ca	Youth aged 13 to 24 years old Learn more at foundrybc.ca

Youth Peer Support

Youth peer support provides support and navigation services to youth using a lived experience peer lens.

Address	Contact Number	Referral Process
211 West 1st Street North Vancouver, BC V7M 1C9	T: (604)984-5060 Website: Learn more at foundrybc.ca	Youth aged 12 to 24 years old Learn service information about Youth Peer Support at Foundry

Foundry Works

Foundry Works is a new supported employment and education program for youth who are interested in working, going to school, or completing a training program.

Address	Contact Number	Referral Process
211 West 1st Street North Vancouver, BC V7M 1C9	T: (604) 984-5060 Learn more at foundrybc.ca	Foundry Works is available to BC youth between the ages of 15-24 years old, who are not currently employed or enrolled in any other employment program. If you are a young person interested in participating or an employer/business who is interested in getting involved, please contact the centre or register using the link below. Register for Foundry Works

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Sunshine Coast & qathet Region

Sunshine Coast Youth Program (SCYP)

The Sunshine Coast Youth Program (SCYP) provides mental health and substance use services to youth with the goal of responding quickly to youth who access the service.

Address	Contact Number	Referral Process
5542 Sunshine Coast Hwy, PO Box 949 Sechelt, BC V0N 3A0	T: 604-885-6101 F: 604-885-5842 Email: SCYP@vch.ca	Residing on the Sunshine Coast (Langdale to Egmont). From 12 to 24 years old. SCYP referral form Download

Youth Clinic at Powell River Community Health Centre

qathet General Hospital (formerly Powell River General Hospital) is a 33-bed facility providing services that include surgery, endoscopy, ICU, obstetrics, in-patient psychiatry, oncology, emergency and diagnostic services.

Address	Contact Number	Referral Process
5000 Joyce Ave, Third floor Powell River, BC V8A 5R3	Call or text: 604-223-7283 F: (604) 485-3305 View Emergency Department wait times	Youth Clinics provide drop-in, confidential health consultation for all youth (male, female and 2SLGBTIA+) without needing an appointment. Youth up to age 24.

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Youth Clinic at Pender Harbour and District Health Centre

The Pender Harbour & District Health Centre is a community health centre that provides ambulatory services, home care nursing visits, laboratory services, nutrition counselling, and diabetes education for residents of Madeira Park.

Address	Contact Number	Referral Process
5066 Francis Peninsula Road Madeira Park, BC V0N 2H0	T: (604) 883-2764 F: (604) 883-2780 Email: phhc@dccnet.com	Youth up to age 20. Youth Clinics provide drop-in, confidential health consultation for all youth (male, female and 2SLGBTIA+) without needing an appointment.

Youth Clinic at Sechelt Health Unit

Sechelt Health Unit is a community health centre that provides various health care services in a single location.

Address	Contact Number	Referral Process
PO Box 1040, 5571 Inlet Avenue Sechelt, BC V0N 3A0	T: (604) 314-8253 F: (604) 885-9725	Youth up to age 24 Youth Clinics provide confidential health consultation for all youth via drop-in or appointment.

Youth Clinic at Gibsons Health Unit

Gibsons Health Unit is a community health centre that provides a range of health care services in a single location.

Address	Contact Number	Referral Process
821 Gibsons Way Gibsons, BC V0N 1V8	T: (604) 984-5070 F: (604) 984-5075	Youth up to age 24 Youth Clinics provide confidential health consultation for all youth via drop-in or appointment.