





899 W 12<sup>th</sup> Ave  
 JPP 1<sup>st</sup> floor Rehab Services, VGH

**VGH Physiotherapy Student Led Elder Care Clinic (SLECC)**

**T: 604-875-4111 ext. 61032 F: 604-642-8859**

**Please complete and fax both pages**

*The SLECC provides outpatient rehabilitation services for frail community-dwelling seniors who have or are experiencing recent physical function decline from an acute hospitalization and/or progression of chronic conditions. Referrals from acute settings are prioritized. The goals of the ECC are to improve the functional abilities and quality of life by working on strength and balance, mitigating falls risk, and support the broader aim of minimizing hospitalizations and ER visits to assist patients with aging in place.*

*The ECC focuses on client-centered and goal-oriented assessments and treatments, using standardized outcome measures to monitor progress. Clients will work on an individualized exercise program and/ or a group exercise program with a physiotherapy student under the supervision of a physiotherapist. The SLECC is a teaching clinic and partners with the UBC Department of Physiotherapy to support education in the field of geriatrics for physiotherapy students.*

*Referrals are triaged based on the information provided. Please complete all sections. If you have any questions regarding a potential referral, please reach out at the phone number above. Note that referrals are waitlisted only after eligibility criteria are confirmed.*

Eligibility criteria	Yes	No
Resident of Vancouver in the VGH catchment.		
Age 70+ (<70 will be considered on a case-by-case basis and current waitlist)		
Has patient recently been discharged from hospital or Emergency Department or is awaiting Surgery and requiring physical optimization due to frailty.		
Recent functional decline and requires further rehabilitation/reactivation to remain in their own home.		
Has the cognitive ability to actively participate in an exercise program: must be able to <b>consistently</b> follow simple verbal and/or physical cues).		
Client is willing and able to follow through with recommendations (i.e., home exercises) <u>or</u> has family support to do so.		
Client is willing and able to attend a 1 hr initial assessment and be seen 1-2x/week for 45 minutes follow up visits.		
Has transportation been arranged for initial and follow up visits.		
Consents to be treated by physiotherapy students under the direction of a supervising physiotherapist.		