

# INDIGENOUS HEALTH OUTREACH (IHO)

Please fax completed referral form to **604-675-2552** or email [Indigenousoutreach@vch.ca](mailto:Indigenousoutreach@vch.ca)

Please Password protect if you are to email

DATE:

Click or tap to

REFERRING AGENCY:

Name:

Phone:

Email:

**Please ensure person has consented to having their collected information shared with other agencies PRIOR to forwarding.**

<b>First Name:</b>	<b>DOB:</b>	<b>Pronouns:</b>
<b>Preferred Name:</b>	<b>PHN:</b>	
<b>Last Name:</b>	<b>PARIS/EMR:</b>	
<b>Location:</b> <ul style="list-style-type: none"> <li><input type="checkbox"/> Shelter</li> <li><input type="checkbox"/> Encampment</li> <li><input type="checkbox"/> Hospital/tertiary</li> <li><input type="checkbox"/> Supportive housing</li> <li><input type="checkbox"/> Forest, car/van, condemned structure</li> <li><input type="checkbox"/> Unhoused/precariously housed/at risk of losing housing</li> <li><input type="checkbox"/> Other</li> </ul>	<b>Client's Contact Information:</b> Phone: Email:  Confidential Voicemail: <input type="checkbox"/> Yes <input type="checkbox"/> No Preferred Contact Type: <input type="checkbox"/> Text <input type="checkbox"/> VM <b>Frequented Locations / Favourite Hang Outs:</b>	
<b>Address, location or building name:</b>   <b>Is Client aware and consented to referral:</b> <ul style="list-style-type: none"> <li><input type="checkbox"/> Yes</li> <li><input type="checkbox"/> No</li> </ul> Briefly describe:	<b>Identified other support to make appointments and contact with:</b> Name:  Relationship:  Phone:  Email:	
<b>Potential safety concerns for staff</b> Briefly describe:   <b>Are you aware of any important cultural/familial connections in the client's life?</b> Please describe:	<b>Support Sought:</b> <ul style="list-style-type: none"> <li><input type="checkbox"/> Cultural Supports</li> <li><input type="checkbox"/> Youth Outreach services</li> <li><input type="checkbox"/> Outreach Doula care</li> <li><input type="checkbox"/> Primary Care</li> <li><input type="checkbox"/> Mental Health</li> <li><input type="checkbox"/> Substance Use or Addiction</li> <li><input type="checkbox"/> Navigating VCH &amp; Community Services</li> <li><input type="checkbox"/> Engagement</li> </ul>	

	<b>Other Information:</b>
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**Please note: Indigenous Health Outreach (IHO) is an Indigenous-specific outreach service. Leading with cultural safety in an Indigenous Relational and strengths-based approach to care, IHO supports unhoused or precariously housed people in the Downtown Eastside (DTES) community in Vancouver with complex mental health and/or substance use challenges and connects them to cultural supports and health services, including existing MSHU programs and primary care services. IHO includes an Outreach Doula service which provides perinatal outreach care, and outreach services specific to Indigenous youth.**

#### **Eligibility**

- Age 17+ (exemptions are made for 16 and under, in special circumstances).
- Frequenting\living in the Downtown Eastside (DTES) community in Vancouver.
- Currently unhoused, precariously housed, and/or at risk of losing housing.
- Experiencing complex mental health and/or substance use challenges.
- Seeking connection to Indigenous cultural and spiritual care supports.
- Seeking Indigenous Youth outreach services.
- Seeking Outreach Doula care.
- Hesitant/fearful to engage with VCH existing services.
- Not for people who are actively putting their own lives, or the physical safety of others, at risk.
- In an emergency, please call 9-1-1 or visit the nearest hospital.

#### **What Services are Provided:**

- Connection to Indigenous cultural and spiritual supports.
- Case consults to embed cultural practices, interventions, and spiritual care into care planning.
- Perinatal outreach care.
- Indigenous Youth Outreach services.
- Biopsychosocial support, connection, and compassion.
- Supporting the client with experiences of being unhoused and health system navigation.
- Support and collaboration with VCH teams in their relationships with self-identified Indigenous clients with experiences of being unhoused and connection to VCH services.
- Guiding VCH teams on ensuring the delivery of culturally safe services and supporting the practice of humility.

**WHAT Services are not provided:**

- Housing (**NOTE:** we do not have the ability to provide, or escalate, housing requests).
- Rapid access to addiction medicine.
- Substance use treatment plans.
- Opioid agonist therapy.
- Primary care & case management.
- Overdose response.
- Primary mental health case management.

**Referral for the above services should be sent to AAC, Central Intake, Regional Overdose Outreach Team, VCH Housing team, or Access Central**