

Youth Pregnancy + Parenting Program

*A free prenatal outreach
program for pregnant
youth (24 and under)
living in Vancouver.*

www.vch.ca/yppp

Vancouver 
CoastalHealth



Public Health
Agency of Canada





The Youth Pregnancy and Parenting Program is a free service supporting pregnant Vancouver youth (24 and under) and their babies.

SERVICES INCLUDE:

- Nutrition counseling with a Dietitian during pregnancy
- One-to-one support with housing, finances and other social challenges with a Support Worker
- Weekly prenatal education group with a Public Health Nurse and Youth Support Worker
- Parent infant drop-in groups until baby is 18 months old
- Free hot lunches provided at groups
- Food skills cooking classes and demonstrations
- Counseling with a Youth Counselor
- Clothing and food donations

LOW INCOME CLIENTS MAY ALSO RECEIVE:

- Grocery gift cards
- Free dental hygiene visit
- Transit tickets
- Free prenatal vitamins for mom and vitamin D drops for babies

Youth with multiple barriers may apply to access the YPPP maternity clinic, which offers:

- A medical team that follows youth and their baby
- Family doctors that deliver at BC Women's Hospital

LOCATION: Robert & Lily Lee Family Community Health Centre, 2nd floor, 1669 East Broadway, Vancouver BC.

Outreach provided throughout Vancouver

Prenatal referrals via walk-in or:

PHONE: 604.675.3982

FAX: 604.253.1925

EMAIL: yppp@vch.ca

www.vch.ca/yppp

For more copies, go online at <http://vch.eduhealth.ca> or email pheh@vch.ca and quote Catalogue No. **GH.200.Yo88**

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