

SMART RECOVERY: WEEKLY MEETING SCHEDULE

MONDAY

**Robert & Lily Lee CHC (1669 E. Broadway;
Room 325)**
3:30 - 4:30 PM

WEDNESDAY

**Pacific Spirit CHC (2110 West 43rd Avenue;
See Reception)**
12:00 - 1:00 PM

Robert & Lily Lee (Online):
4:00 PM - 5:00 PM
<https://smartrecovery.zoom.us/j/93528986202>

**South Mental Health Team (1200 W 73rd Ave
#220, See Reception)**
3:30 PM - 4:30 PM

FRIDAY

**Three Bridges CHC (1128 Hornby St.; Room
215)**
6:00- 7:00 PM
Sea-to-Sky Online:
6:30 - 8:00
<https://smartrecovery.zoom.us/j/91537409498>

SATURDAY

Three Bridges CHC (1128 Hornby St.; Rm 215)
11:00 AM - 12:00 PM

TUESDAY

**Three Bridges CHC (1128 Hornby St; Room
123) : 3:00 - 4:00 PM**

Family & Friends Meeting (Online):
6:00 -7:00 PM
<https://smartrecovery.zoom.us/j/91012011101>

Women's Only Meeting (Online):
6:30 - 7:30 PM
<https://smartrecovery.zoom.us/j/94292609689>

North Saanich (Online):
6:30 PM - 8:00 PM
<https://smartrecovery.zoom.us/j/91032572986>

THURSDAY

**Reach Community Health Centre (1145
Commercial Drive; Room 032)**
4:00 PM - 5:00 PM

Robert & Lily Lee CHC (Online)
6:00 PM- 7:00 PM
<https://smartrecovery.zoom.us/j/507754407>

SUNDAY

North Saanich (Online):
6:30 PM - 8:00 PM
<https://smartrecovery.zoom.us/j/91032572986>

For all SMART inquiries, please reach out to Anna.Morrison@vch.ca