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## Transitional Pain Clinic Referral Form

7<sup>th</sup> Floor, Diamond Health Centre 12<sup>th</sup> Avenue, Vancouver, BC (Phone) 604-675-3653 (Fax) 604-675-3659

## The TPC offers short-term interdisciplinary outpatient pain management services before and after surgery or trauma.

The TPC is <u>NOT</u> a Rapid Access Clinic and cannot prescribe opioids or provide client services until we have assessed your client. We aim to see clients within one month. Please be sure arrangements to support your client are made for this timeframe, either through the client's GP or nurse practitioner, or directly from surgical services.

Incomplete referral forms will not be processed and will be returned to the referring provider. Please print clearly.						
Pre-op Eligibility Criteria	Post-op Eligibility Criteria					
<ul> <li>□ Pain or concerns are related to planned surgery         AND</li> <li>□ Has a planned surgery at any VCH hospital         AND</li> <li>□ Cognitively able to participate and no severe         psychiatric instability.</li> </ul>	<ul> <li>□ Pain is related to recent surgery or trauma         AND</li> <li>□ Had surgery or trauma services at any VCH hospital         in the past 4 months         AND</li> <li>□ Cognitively able to participate and no severe         psychiatric instability.</li> </ul>					
Pre-op Reason(s) for Referral	Post-op Reason(s) for Referral					
<ul> <li>☐ Medication weaning or medication review</li> <li>☐ Difficulties managing pre-surgery anxiety</li> <li>☐ Difficulties with daily function due to pain</li> <li>☐ Pain-related education support</li> <li>☐ Optimize pre-surgical physical and mental health</li> <li>☐ Other:</li> </ul>	<ul> <li>□ Reports struggling with post-surgical/trauma pain</li> <li>□ Reports more post-surgical pain than is typical</li> <li>□ Surgical/trauma pain does not appear to be resolving</li> <li>□ Difficulty weaning off opioids after surgery/trauma</li> <li>□ Depressed, anxious and/ or significantly distressed secondary to post-surgical/trauma pain</li> <li>□ Concern about possible opioid use disorder</li> <li>□ Other:</li> </ul>					
Surgery/Trauma Details						
Surgery/Trauma Details:	te of Surgery / Estimated Date of Surgery:  Discharge Date (if known):					
Client Information						
	Client's phone number:					
Primary Care Provider (PCP) Name: PCP Phone Number:						
Interpreter required? Y □ / N □ Language:						
Referring Provider Information						
Name: Date of Referral:						
Referral Source: CPAS□ POPS□ Surgical Services□ Pre-Admission Clinic□ PCP□ Other:						
Have you discussed this referral with the client? ☐ YES ☐ NO						

## Please fax to 604-675-3659. Thank you.

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